```
<style>
.my-frame {
  margin: 0 auto;
  width: 900px;
  max-width:100%;
}
.my-frame iframe {
  max-width:100%;
}
@media screen and (max-width: 768px) {
 .my-frame{
  position: relative;
  width: 100%;
  padding: calc(700 / 900 * 100% + 160px) 0 0;
 }
 .my-frame iframe {
  position: absolute;
  top: 0;
  left: 0;
  width: 100%;
  height: 100%;
 }
}
</style>

<div class="my-frame">
<iframe src="https://www.instagram.com/xxxxxxxx/
embed" width="900" height="820" frameborder="0"scrolling="no"></iframe>
</div>
```